



The 9 Containers of Love

a full-body mystical prayer practice exploring the divine feminine as whole and part, self and all, center and circumference—the holographic resonance of Original Love

1. Here I am—one expression of the sacred marriage of the visible and the invisible, the transcendent and the immanent, the human and the divine.
2. I, this one human-divine being, now stands to pray, knowing I am held in the loving arms of Prayer—my mystical prayers (twist to the left) and all mystical prayers (twist to right).
3. And Mystical Prayer is contained in the loving arms of Sacred Space—my sacred spaces (left) and all sacred spaces (right).
4. Sacred Space is contained in the loving arms of the Soul Communities—my soul communities (left) and all soul communities (right).
5. Sacred Space is held in the loving arms of the Teachers, Mentors, and Guides whose ideas and examples feed and form us, my teachers and all teachers.
6. And the Teachers are held in the loving arms of the Mystics—the mystics, shamans, priestesses and saints of all traditions, all times, all circles of the globe.
7. The Mystics and Saints are held in the loving arms of Mother Earth (touch ground) and Father Sky (reach up). They walked and walk this earth that I walk. They looked up at the same sky I see, a sky that stretches beyond comprehension through trillions and trillions of stars and black holes to touch the edge of infinity.
8. Mother Earth and the Cosmos are held in the loving arms of the Invisible—the invisible forces, energies, vibrations of consciousness, intelligence, information, sound, tone, music, movement, light, color, numbers, fractals, the Akashic field, and choirs and choirs of angels, powers, spirits, goddesses, and gods.
9. The Magnificent Invisible holding in love the Cosmos, holding in love the Mystics, holding in love the Teachers, holding in love the Soul Communities, Sacred Spaces, Mystical Prayers and Me, are all contained in the loving heart of the Divine Feminine. She is not contained. She is not containable. She is the Mystery at the center of creation—the Sacred Marriage, the Hidden Treasure, the first Breath, the first sound, the original pulse of Love.